



Beechwood

A Center for Life Enrichment

44 Beach Street, North Kingstown, RI 02852



Please see or call Rayna at 401-268-1594 to make a reservation.

Alternative Treatment Options for Chronic Pain

Thursday, January 23, 2020 from 10:30 a.m. - 11:30 a.m.

Presenter: URI Pharmacy Outreach

New studies are encouraging! Please join us for this informational presentation to learn about alternative ways to assist you in managing your pain. Activities such as yoga, breathing exercises, aromatherapy and massage are all worthwhile alternatives as we age.

