

May 2022

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: right;">2)</p> <p>8:30 Billiards 9:00 Strength & Stretch 10:00 SC Health Clinic 10:00 Spanish 1:30 Beg/Int Tai Chi 1:30 Grieving Loss with Life Changes Presentation</p>	<p style="text-align: right;">3)</p> <p>8:30 Billiards 9:00 Mix It Up @B 10:00 Portrait Art 1:00 Hi Lo Jack 3:00 Modified Yoga 5:00 Movement for Life</p> <p>Springtime Trip</p>	<p style="text-align: right;">4)</p> <p>8:30 Billiards 9:00 Line Dancing @B 10:00 Tone It Up @B 10:00 Italian 10:00 Reflexology 1:00 Genealogy 1:30 Dance & Tone @B 5:30 Yoga</p>	<p style="text-align: right;">5)</p> <p>8:30 Billiards 9:00 Bridge 10:45 Mother's Day Celebration & Luncheon 12:00 Cyber Seniors 1:00 Refresher Bridge 5:30 Yoga</p>	<p style="text-align: right;">6)</p> <p>8:30 Billiards 9:00 Cyber Seniors 9:00 Dance & Tone 10:00 Knitting, Etc. 10:00 Reiki 11:00 Kentucky Derby Day</p>
<p style="text-align: right;">9)</p> <p>8:30 Billiards 9:00 Strength & Stretch 9:30 Dr. Pappas 10:00 Spanish 1:00 Stamp Club 1:30 Beg/Int Tai Chi</p>	<p style="text-align: right;">10)</p> <p>8:30 Billiards 9:00 Mix It Up @B 10:00 Portrait Art 1:00 Hi Lo Jack 1:30 Caregivers Support 3:00 Modified Yoga 5:00 Movement for Life</p>	<p style="text-align: right;">11)</p> <p>8:30 Billiards 9:00 Line Dancing @B 10:00 Tone It Up @B 10:00 Italian 10:00 Reflexology 1:00 Genealogy 1:00 Matter of Balance 1:30 Dance & Tone @B 5:30 Yoga</p>	<p style="text-align: right;">12)</p> <p>8:30 Billiards 9:00 Bridge 9:00 Lo Impact Aerobics @B 10:00 Ask a Lawyer 10:15 Strength & Stretch @B 1:00 Refresher Bridge 1:15 Swingers Chorus 3:00 Modified Yoga 5:30 Yoga</p>	<p style="text-align: right;">13)</p> <p>8:30 Billiards 9:00 Cyber Seniors 9:00 Dance & Tone 10:00 Knitting, Etc. 1:30 Bingo</p>
<p style="text-align: right;">16)</p> <p>8:30 Billiards 9:00 Strength & Stretch 10:00 Spanish 1:30 Beg/Int Tai Chi</p>	<p style="text-align: right;">17)</p> <p>8:30 Billiards 9:00 Mix It Up 10:00 Portrait Art 1:00 Hi Lo Jack 3:00 Modified Yoga 5:00 Movement for Life</p>	<p style="text-align: right;">18)</p> <p>8:30 Billiards 9:00 Line Dancing 10:00 Tone It Up 10:00 Reflexology 10:00 Italian 10:45 Beg Line Dancing 1:00 Genealogy 1:00 Matter of Balance 1:15 Music App. 1:30 Dance & Tone 5:30 Yoga</p>	<p style="text-align: right;">19)</p> <p>8:30 Billiards 9:00 Bridge 9:00 Lo Impact Aerobics @ B 10:15 Strength & Stretch @ B 1:00 Refresher Bridge 1:15 Swingers Chorus 3:00 Modified Yoga 5:30 Yoga</p>	<p style="text-align: right;">20)</p> <p>8:30 Billiards 9:00 Dance & Tone 10:00 Reiki</p> <p style="text-align: center;">NKSA Bazaar @Community Center 9:00a.m. - 2:00 p.m. 5/20 & 5/21</p>
<p style="text-align: right;">23)</p> <p>8:30 Billiards 9:00 Strength & Stretch 9:30 Dr. Pappas 10:00 Spanish 1:00 Stamp Club 1:30 Beg/Int Tai Chi</p>	<p style="text-align: right;">24)</p> <p>8:30 Billiards 9:00 Mix It Up 10:00 Portrait Art 10:30 Insight 1:00 Hi Lo Jack 1:30 Caregivers Support 1:30 Book Club 3:00 Modified Yoga 5:00 Movement for Life</p>	<p style="text-align: right;">25)</p> <p>8:30 Billiards 9:00 Line Dancing 10:00 Tone It Up 10:00 Italian 10:00 Reflexology 10:00 URI Presentation 10:45 Beg. Line Dancing 1:00 Genealogy 1:00 Matter of Balance 1:15 Music App. 1:30 Dance & Tone 5:30 Yoga</p>	<p style="text-align: right;">26)</p> <p>8:30 Billiards 9:00 Bridge 9:00 Lo Impact Aerobics 10:15 Strength & Stretch 1:00 Refresher Bridge 1:15 Swingers Chorus 3:00 Modified Yoga 5:30 Yoga</p>	<p style="text-align: right;">27)</p> <p>8:30 Billiards 9:00 Dance & Tone 10:00 Knitting, Etc. 1:15 Comedy Greats 1:30 Bingo</p>
<p style="text-align: right;">30)</p> <p style="text-align: center;">Holiday</p> <p style="text-align: center;">Senior Center Closed</p>	<p style="text-align: right;">31)</p> <p>8:30 Billiards 9:00 Mix It Up 10:00 Portrait Art 1:00 Hi Lo Jack 3:00 Modified Yoga 5:00 Movement for Life</p>	<div style="text-align: center;">  </div>	<div style="display: flex; justify-content: center; align-items: center;"> <div style="text-align: center;"> <p>OLDER AMERICANS MONTH</p> <p>AGE MY WAY: MAY 2022</p> </div>  </div>	