

North Kingstown Recreation NFL Flag Football League

NFL Flag Football

Flag football is non-contact. Teams play 5 on 5. The league follows NFL Flag's rules. For more information on NFL Flag Football visit <http://flag.nflyouthfootball.com/>

Players' Age

The league is open to North Kingstown boys and girls age 8–14. Age is determined by the player's age as of September 1, 2009. There will be two or more age divisions, with co-ed teams playing other teams within their division.

Practice and Playing Fields

Practice and games are held at Ryan Park on Oak Hill Road.

Schedule

Practice begins the first week in August and teams are determined by mid-August. Practice is held two evenings a week throughout August. After Labor Day, practice is one evening per week and games are played Friday nights under the lights. Games begin Friday, September 11th and the season ends on Friday, October 30th.

Registration

Walk-in registration will be held on Wednesday, April 22nd from 6:00-7:30 pm at the Cold Spring Community Center located at the Town Beach. Volunteers will be on hand to answer your questions and help with the registration process. If you cannot attend the walk-in registration, players can register by following the steps listed below.

- 1) All participants must agree to the NFL FLAG Football waiver by registering online. Go to the player registration website <http://www.active.com/event_detail.cfm?event_id=1718089>. Please note that no fee is processed during the online registration, you must send payment directly to the Town (see step 3 for details).

Once you complete the online registration, you will receive an email message from the NFL Flag League confirming your online registration. YOU MUST ALSO COMPLETE STEPS 2 AND 3, LISTED BELOW.

- 2) All participants must submit a Minor's Consent to Participate and Hold Harmless Agreement and Release. Download the waiver <<http://northkingstown.org/recreationdept/Waivers.pdf>>. Complete the first page: MINOR'S CONSENT TO PARTICIPATE AND HOLD HARMLESS AGREEMENT AND RELEASE.
- 3) Send the signed waiver and payment of \$50 per player (payable to Town of North Kingstown) to:
Recreation Department
Town of North Kingstown
80 Boston Neck Road
North Kingstown, RI 02852

Contact Information

Please contact Al Southwick (email: asouthwick@northkingstown.org or tel: 268-1540) or Jill Johnen (email: team.johnen@verizon.net or tel: 295-8279) if you have any questions or are interested in coaching or officiating.