

North Kingstown- Healthy Places by Design Project

GUIDING PRINCIPLES

The following guiding principles to the Healthy Places by Design project were developed from public input gathered during the Project Kick-Off Meeting on September 21, 2011. The community had the opportunity to provide input on four topics (Healthy Food, Walking/Biking, Public Places, and Neighborhoods) in a group facilitation exercise.

Healthy Food

-North Kingstown should have access to healthy food that is locally grown, fresh, affordable, easily accessible, and offers variety.

-We believe that providing education about healthy foods will result in cultural changes to generate healthier minds, bodies and communities.

Walking/Biking

-North Kingstown should have walking/biking resources that create a safe, attractive, sustainable environment to support healthier modes of transportation and to enhance the quality of life for all residents.

-We believe in utilizing walking/biking resources as a way to better connect neighborhoods to each other and other community assets, including opportunities to work, shop, and play.

Public Spaces

-North Kingstown should develop and maintain a network of connected public spaces that provides the community with the following benefits:

- Supports healthy, active lifestyles,
- Accessible to all ages and abilities,
- Draws people together and increases social relationships,
- Connects to neighborhoods and other community assets,
- Increases safety for families and children, and
- Showcases the natural beauty of the Town.

Neighborhoods

-In order to realize their full potential for quality of life, North Kingstown neighborhoods should be a collection of unique community assets that exemplify the following qualities:

- Safe for all residents,
- Offers economic diversity and opportunity,
- Supports social interaction and civic involvement,
- Provides recreation and education opportunities,
- Accessible by a network of varied multi-modal transportation alternatives, and
- Families are strengthened and youth are supported.

For more information of the Healthy Places by Design project please visit our project website:

<http://northkingstown.org/healthy-places-design>

Or contact Denise Kaplin at the West Bay Family YMCA, at 401-295-6501 or dkaplin@gpymca.org.