

## Healthy Places by Design Community Forum Summary

<b>Summary for:</b>	Date: October 27, 2011	Time: 6-8 pm	Location: Wickford Middle School
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<b>COMMUNITY FORUM TITLE</b>	Making it Easier to Get Healthy Food
<b>FACILITATOR</b>	Katherine Brown, Southside Community Land Trust, Kathleen Gorman, URI Feinstein Center for a Hunger Free America and Nate Kelly, The Horsley Witten Group
<b>ATTENDEES</b>	6 members of the community

### AGENDA TOPICS

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<b>PRESENTATION</b>	Katherine Brown, Southside Community Land Trust, Kathleen Gorman, URI Feinstein Center for a Hunger Free America and Nate Kelly, The Horsley Witten Group, presented how food affects health, explained a food system and explored what's happening in North Kingstown and what can be done to improve access to healthy food. A link to the presentation will be available on the project website: <a href="http://northkingstown.org/healthy-places-design">http://northkingstown.org/healthy-places-design</a> .
<b>DISCUSSION</b>	Kathleen Gorman started the presentation by exploring what it means to have access to healthy food and its health impact. Katherine Brown explained phases of a food system and influences upon it. Nate Kelly opened the conversation to what is currently happening in the community regarding access to healthy food.
<b>DISCUSSION</b>	<p>What's going on now:</p> <ul style="list-style-type: none"> <li>• School District wellness committee</li> <li>• Fishing Cove wellness committee</li> <li>• Farmer to school program</li> <li>• Kids First programs</li> <li>• Fishing Cove community garden in planning stage with support from the Children's Garden Network</li> <li>• Redefinition by NK Food Services of what "local" means – supporting Schartner's and Narrow Lane Orchard</li> <li>• Cooperative effort on who provides transportation for food (school or farmers)</li> <li>• Increased labor to food services for processing when could buy process elsewhere and not support local</li> </ul>

- Current trend in food services is more grab 'n go cold food instead of hot meals
- Limits waste by letting students take what they want and offering based on demand for volume
- Lack of consensus of what is considered healthy eating
- An interest in cooking classes is an ongoing program desire

What local support is needed from the Town/municipality is not known

Planning Commission historically has not gotten involved with school issues

A link to the presentation will be available on the project website:

<http://www.northkingstown.org/healthy-places-design>.

For more information about other ways you can be involved in the project, please contact Denise Kaplin, Healthy Places by Design YMCA Consultant, at [dkaplin@gpymca.org](mailto:dkaplin@gpymca.org). (401-295-6501) or Doug McLean, Town of North Kingstown, at [dmclean@northkingstown.org](mailto:dmclean@northkingstown.org). (401-294-3331).

*The mission of the Healthy Places by Design Project is to strengthen land use, transportation and urban design policies and ordinances that guide the decision making process for the built environment to be more supportive of health, particularly as it relates to physical activity and healthy eating.*